



# Healy Holistic Edition

Achieve a state of holistic wellbeing defined by a sense of unity and connection of body, mind and soul.

**The Healy is a smart and versatile high-tech device designed to harmonize your Bioenergetic Field and to empower people to live a healthier life full of balance, coherence, confidence, and comfort by the use of Microcurrent Frequencies.**

At Healy World, terms such as health, wellbeing and vitality are understood as holistic concepts. As a result of this consciousness, the Healy Holistic Edition was designed for those who strive to live a holistically healthy life.

This edition is composed of over 60 frequency programs that are supposed to help you achieve and preserve a common state of unity between your body, mind and soul.

Let the Healy become your loyal and trustworthy companion and dedicate yourself to living a life with all-inclusive wellbeing and vitality.

## HOLISTIC EDITION CONTENTS

- 62 Frequency Programs
- 7 Program Groups
- Unites the fundamental aspects of human life and vitality
- Helps you achieve and preserve a common state of holistic wellbeing through well-designed and carefully selected microcurrent frequencies

## HEALY DEVICE BENEFITS

- Developed by scientists, engineers and medical experts
- Compact, lightweight and travel-friendly
- Patented high-tech device
- Easy-to-use with the Healy App

# Discover the Highlights

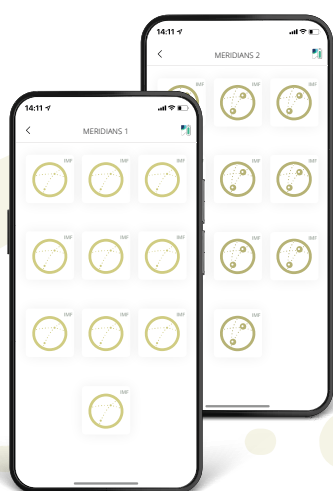
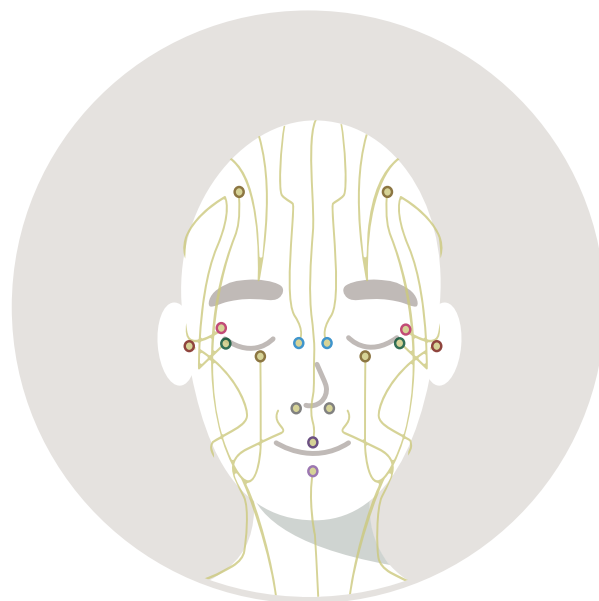
With the Healy Holisitc Edition, a range of programs await you on top of the benefits of the Gold Edition.

## Meridians

### Program Group

**Channel the energy flow of life (Qi) with the ancient lore of Meridians!**

The modern technology of Microcurrent Application can be used to stimulate and positively influence the Bioenergetic Field of certain organs. The epic program groups of Meridians 1 & 2 accommodate twenty unique Individualized Microcurrent Frequency (IMF)<sup>1</sup> programs to harmonize the Bioenergetic Field of the individual Meridians.



### DID YOU KNOW?

The ancient understanding of the Meridians is based on the spiritual concepts of Traditional Chinese Knowledge, claiming that our life-energy, the so-called Qi, flows in channels, or meridians. According to this, twelve main channels exist and each meridian is assigned to a functional circle (organ system). Along these twelve energy pathways corresponding acupuncture points are threaded onto like pearls on a string. Each of them having a specific connection to a certain organ.

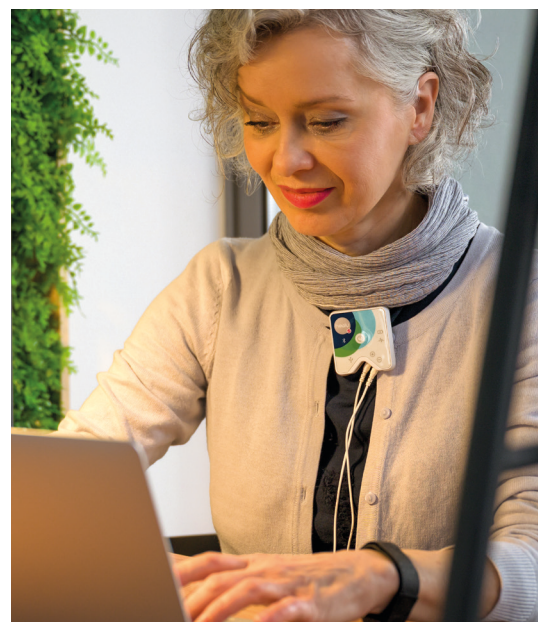
## Mental Balance

### Program Group

**Maintaining mental balance is a cornerstone of overall wellbeing**

The human being in its entirety is a unity consisting of body, mind and soul. As psychosomatics have already shown, mental imbalances can cause physical symptoms and vice versa. We believe if our so-called inner or soul life is in harmony, we are balanced and vital. Traumatic experiences are partly unconscious experiences that can have negative and disbalancing effects on the physical, mental and spiritual levels.

Healy World developed eight different Microcurrent Frequency Programs to bioenergetically harmonize your mental balance.



#### Inner Strength systemic

Energetic harmonization of self-confidence when you feel uncertain or insecure



#### Contentment acute

Supports your sense of inner balance leading to an independent way of life



#### Emotional Wellbeing

Energetic harmonization when you feel emotionally blocked



#### Inner Unity

Energetic harmonization of the sense of psychic wholeness



#### Feel Good systemic

Energetic activation of confidence when you feel down



#### Wellbeing Soul

Energetic harmonization to support you while developing new habits



#### Contentment systemic

Energetic harmonization of the inner sense of self and contentment



#### Mental Balance acute

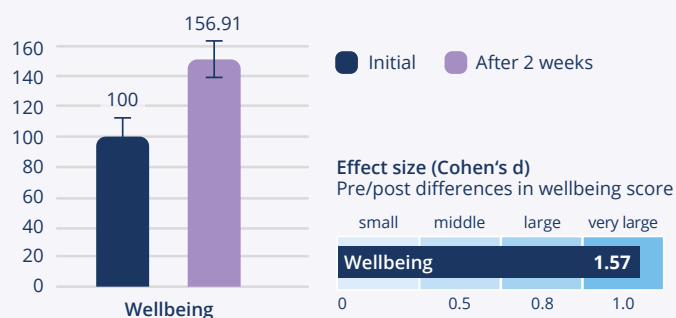
Supports you in positive thinking

## Healy Mental Balance Study\*

Participants showed an average increase of 56% in wellbeing.

The effect size of this study was very large for wellbeing.

\* View full study results at:  
[www.healyworld.net/healy/studies](http://www.healyworld.net/healy/studies)



## Bioenergetic Harmony Program Group

### A healthy body is the shell for a vital mind & soul

Bioenergetic Harmony supports you in creating the ideal conditions. The program groups Bioenergetic Harmony 1 & 2 contain 24 frequency programs of the most common applications to support you in everyday life, designed to address disharmonies in the Bioenergetic Field.



### THE KEY PROGRAMS



#### Defense & Bacteria Harmony

Harmonize the energetic defense system



#### Flexibility

Harmonize to ease movement



#### Sensitivity & Impurities

Harmonize in case of overreactions to irritants or impurities



#### Food Imbalance

Harmonize for food consumption



#### Nerve Harmony

Harmonize to promote relaxation



#### Head Harmony

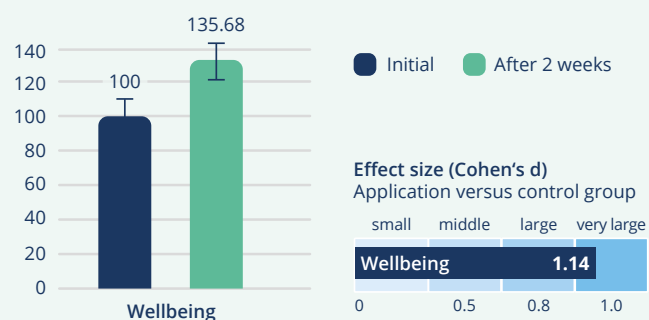
Harmonize to reduce tension

## Healy Bioenergetic Harmony Study\*

Participants showed an average increase of 35% in wellbeing.

The effect size of this study was very large for wellbeing.

\* View full study results at:  
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# The Healy Impact in Numbers

Explore the impact the Healy has brought to our community.



**2.000+ expert users**  
applied the Healy technology over  
10 years



**70% of Healy users**  
have shown positive effects after  
only 6 Healy applications\*



**50+ million Healy sessions**  
have been conducted around  
the world



**94% of Healy users**  
stated that they would recommend  
the Healy to others\*



**300.000 registered members**  
of the Healy World family  
July 2022



**60 people per hour**  
say "Yes!" to a healthier lifestyle  
and join the Healy World family

\* Based on data collected from the Healy World survey



# Take Your Wellbeing to the Next Level

Upgrade\* to a higher edition at any time and unlock even more programs and modules for your wellbeing!

	Gold	Holistic	Resonance	Resonance Plus	Professional
Edition Contents	11 Programs 1 Module	62 Programs 1 Module	98 Programs 2 Modules	125 Programs 4 Modules	228 Programs 6 Modules
<ul style="list-style-type: none"> <li>• Gold Cycle</li> <li>• Bioenergetic Support</li> <li>• Program I**</li> <li>• Expert Program Page</li> <li>• HealAdvisor Search Module</li> </ul>	✓	✓	✓	✓	✓
<ul style="list-style-type: none"> <li>• Bioenergetic Harmony 1 &amp; 2</li> <li>• Mental Balance</li> <li>• Meridians 1 &amp; 2</li> </ul>		✓	✓	✓	✓
<ul style="list-style-type: none"> <li>• Chakras</li> <li>• Fitness</li> <li>• Local Stimulation</li> <li>• Sleep</li> <li>• The Power of Three</li> <li>• HealAdvisor Analyse Resonance Module</li> </ul>			✓	✓	✓
<ul style="list-style-type: none"> <li>• Deep Cycle</li> <li>• Learning</li> <li>• Skin</li> <li>• HealAdvisor Analyse Aura Module</li> <li>• HealAdvisor Analyse Success Coach Module</li> </ul>				✓	✓
<ul style="list-style-type: none"> <li>• Bioenergetic Defense</li> <li>• Job</li> <li>• Beauty</li> <li>• HealAdvisor Digital Nutrition Module</li> <li>• HealAdvisor Bioenergetic Vitalization Module</li> </ul>					✓

YOU ARE  
HERE

\* No matter which higher edition you upgrade to, you always keep the features of the previous ones.

\*\* Program I is included in Local Stimulation



# Holistic Wellbeing at the Touch of a Button

Download the Healy App and HealAdvisor App to enjoy your new wellbeing experience.



## Join Our Thriving Community

Open yourself up to new possibilities for growth and unlimited potential.

**Healy World Canada Ltd. | [www.healy.world](http://www.healy.world)**

c/o TMF Canada Inc. | 1 University Avenue | 3rd Floor | Toronto ON M5J 2P1 | Canada



@healyworldofficial



Frequencies for Your Life

<sup>1</sup> "Individualized Microcurrent Frequencies" ("IMF") is a proprietary technology of Healy World. It uses the data from a physical noise generator to assign a priority to frequencies that professional user experience indicates have the highest relevance for the user. The programs for Individualized Microcurrent Frequency (IMF) are structured in terms of duration, frequencies, intensity, naming, and descriptions, drawing upon the practical expertise of specialists and our understanding of how frequency-modulated microcurrent interacts with the Bioenergetic Field. They have not been confirmed by independent studies. The Healy Individualized Microcurrent Frequency (IMF) programs are designed to support wellbeing through harmonization of the Bioenergetic Field. We have conducted unblinded before/after surveys in controlled and randomized groups of participants. These surveys suggest that the participants' wellbeing was higher after the application. We attribute this to the harmonization of the Bioenergetic Field, which we refer to as the energy flow of life, traditionally also called chi (or qi) and prana. This has not been confirmed by independent studies.

### Notice:

The Individualized Microcurrent Frequency (IMF) programs of the Healy device are not medical applications. They are not intended to cure, treat, mitigate, diagnose, or prevent any disease or medical condition. The terms used in the programs do not constitute statements concerning their effects. The purpose of the programs is to provide the user with a tool to explore application options. Healy programs should not be treated as a substitute for professional medical advice, diagnosis or treatment. You should always seek such advice from a qualified medical professional. If you have or suspect you may have a medical condition, or if you are under the care of a healthcare practitioner, you should consult your practitioner before using Healy. Always use your Healy according to the Instructions for Use.

### Disclaimer:

Science does not acknowledge the existence of the Information Field, its analysis, harmonization and other importance due to the lack of scientific evidence. Individualized Microcurrent Frequency (IMF) programs of the Healy device are not acknowledged by conventional medicine due to the lack of scientific evidence in the sense of conventional medicine. The information on these pages is for reference and educational purposes only. While Healy World endeavors to keep the information contained in these pages current, no warranty or guarantee concerning the accuracy, suitability, or timeliness of information is made. Healy World is not responsible for any loss or damage resulting from the use of the information provided on these pages. All information is presented on an "as is" basis and responsibility for its interpretation and use lies solely with the user. Use of Healy World products, programs, or information is at the user's own risk and subject to the user's discretion and independent judgment. The Healy World companies specifically disclaim responsibility for user decisions related to the use of Healy World products or services that are outside the scope of the Instructions for Use and company-provided manual.